



Create and Do: Try your hand at canal crafts

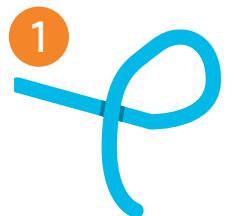
Make your own crochet lace

There are lots of online tutorials and books to teach yourself how to crochet.

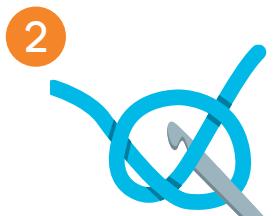
This worksheet shows you how to start by learning one of the simplest stitches. Once you've learned the single crochet stitch, there are so many different ways to use it. All you need is a crochet hook and some yarn.

How to make a slip knot

Keep the crochet hook facing upward and grip the hook tight enough to maintain control but loose enough to move easily.



Fold the yarn to make starting loop



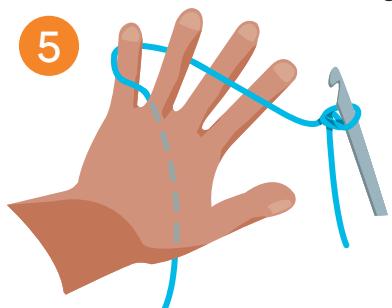
Catch the yarn through the loop



Pull it through



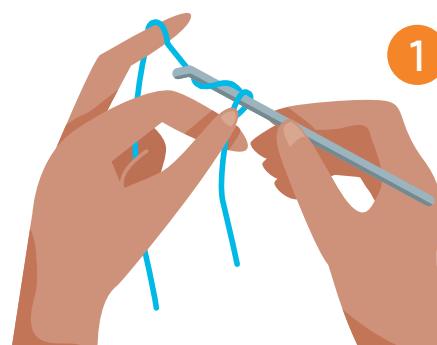
Pull the ends to tighten the slipknot



Wind the yarn round your hand to start your foundation chain

How to make the foundation chain

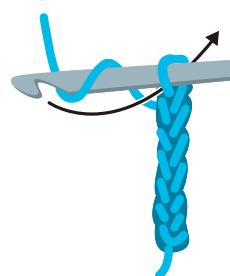
Make a slip knot on the hook.



1 To make the chain – pass the yarn round the hook



2 Pull the yarn through the loop on the hook



3 Carry on pulling a new loop through each time until your chain is long enough. This is your starting or foundation chain.



Time:

- 30-60 minutes

Resources:

- 3.5 or 4mm crochet hook
- DK Medium weight yarn

Individual activity



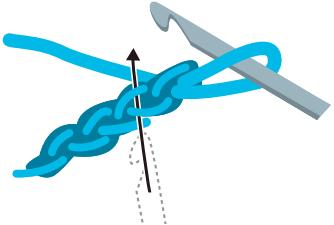
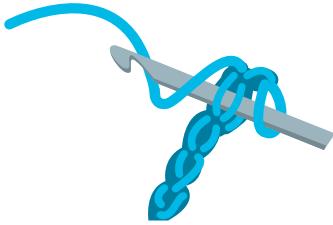
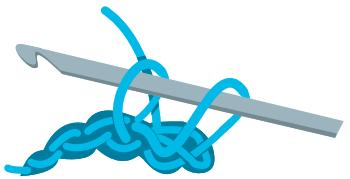
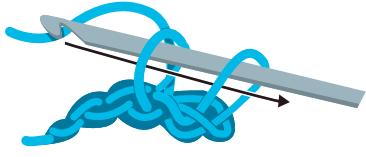
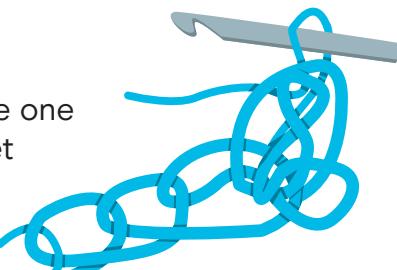
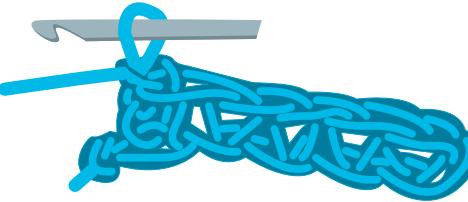
Did you know...

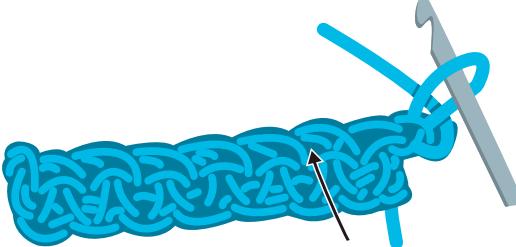
You don't need a crochet hook to get started. Use a heavy weight wool and your finger. Search how to finger crochet online.



How to double crochet

After you form the foundation chain of stitches you are now ready to start your double crochet (dc).

- 1**
Push the hook under the 2 top threads of the second chain from the hook
- 2**
Pass the yarn round and pull it through the chain only
- 3**
You should now have two stitches (2 loops) on the hook.
- 4**
Wrap the yarn round the hook again and draw it through both loops
- 5**
You have made one double crochet
- 6**
Do this into every chain to the end of the row. You can repeat this sequence of steps as many times as needed

Then make one turning chain (see above)
- 7**
Now turn the work. You have made your foundation row and are ready to start your pattern row.

Want to learn more?

Search the website of the Knitting & Crochet Guild at www.kcguild.org.uk for more information and worksheets to learn about other crochet stitches and how to create exciting items.

Tip

When counting the stitches of your foundation chain don't include your first slip knot – this is not classed as a stitch.