

# PRESS RELEASE

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September 16, 2021

## CANAL CHARITY TO HOST NABURN FAMILY FUN DAY

Waterways and wellbeing charity Canal & River Trust is hosting a free family fun day at the picturesque and historic Naburn Locks on the River Ouse on Saturday, September 25<sup>th</sup>.

Families can try canoeing with a qualified instructor, enjoy an afternoon tea, take part in history and theatre walks, and experience the nature trail and sensory garden. The day runs from 11am to 4pm.

Lucy Dockray, volunteer leader for Canal & River Trust, said: “We know that being by water can have huge benefits for our physical and mental wellbeing. This is a great opportunity for people to spend time with their families, enjoying the fresh air, with lots of fun things to do.

“It will be a very informal day, and there’s no need to book, but we advise arriving early to avoid disappointment.”

Canoeing sessions will be led by a qualified instructor, with all buoyancy aids provided. They are suitable for all ages and experience.

Tea by the Lock, an independent business, is offering a delicious afternoon tea with indoor and outdoor seating. Alternatively, families are welcome to bring their own picnics.

There will also be a theatre-style, time-travelling walk, with children able to participate in hands-on activities along the way in order to save the canal from the nefarious Future Planner!

History buffs can explore an old WWII bunker, a real blacksmith’s forge and a workshop. There’s also a nature trail and sensory garden with beautiful and rare flora and fauna.

There is a limited number of parking spaces on site, and alternative parking is available in Naburn village, just under 1km away. Toilets are also available on site.

**ENDS**

**For further media requests please contact:**

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## Notes to Editors

### **Canal & River Trust**

The Canal & River Trust cares for and brings to life 2,000 miles of canals and rivers across England & Wales. We believe waterways have the power to make a difference to people's lives and that spending time by water can make us all healthier and happier. By bringing communities together to make a difference to their local waterway, we are creating places and spaces that can be used and enjoyed by everyone, every day.

[www.canalrivertrust.org.uk](http://www.canalrivertrust.org.uk)