

PRESS RELEASE

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STUNNING PHOTOS CAPTURE THE WONDER OF WINTER WATERWAYS

Britain's gorgeous canals and rivers have been the focus of a photography competition run by national waterways and wellbeing charity the Canal & River Trust this winter. The charity is now sharing the stunning winning images, which capture the essence of why the nation's 200-year old canals need to be treasured.

The winning entries can be viewed here: <https://canalrivertrust.org.uk/news-and-views/features/12-winter-photo-competition-winners-announced>

The Trust received nearly 7,000 entries via its website and Instagram account. The competition encouraged both keen canal-lovers and those that may not have visited their local waterway recently to show the best of the winter waterways. With over 2,000 miles of waterways on the doorstep of millions there were many subjects to choose from, such as frosty towpaths, urban and rural waterways, people out and about enjoying their time by the water, classic canal architecture, lock gates, bridges and boats of every variety.

Jon Horsfall, head of customer services at Canal & River Trust, said: "The canals are stunning at any time of year and these wonderful photographs prove it. We look after 2,000 miles of waterway that snake across England and Wales, passing through myriad different landscapes and telling the tale of our industrial heritage.

"There's something about being by the water that is good for body, mind and soul: our research shows that it makes people less stressed. Let these images inspire you to come and visit and find your perfect picture.

"Thank you to everyone who shared their photos, and congratulations to the winners."

The winning images were:

Trent & Mersey Canal by Nick Heath

Peak Forest Canal by Nicola Turner

Leeds & Liverpool Canal by Kelly

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Patron: H.R.H. The Prince of Wales. Canal & River Trust is a charitable company limited by guarantee, registered in England and Wales with company number 7807276 and registered charity number 1146792, registered office address: First Floor North, Station House, 500 Elder Gate, Milton Keynes MK9 1BB

Lee Navigation by Jens Moser
Leeds & Liverpool Canal by Graham Denney
Grand Union Canal by Steve Brown
Birmingham & Fazeley Canal by Natalie Marsh
Birmingham Canal Navigations by Veronika Jurickova
Leeds & Liverpool Canal by John
Kennet & Avon Canal by Barry Waddell
Urban waterway by @katkynes on Instagram
Weaver Navigation by Debbie French

For more information about the Canal & River Trust, including how you can volunteer or donate to the charity, visit canalrivertrust.org.uk

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For further media requests please contact:

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Notes to Editors

The Canal & River Trust cares for and brings to life 2,000 miles of canals and rivers across England & Wales. We believe waterways have the power to **make a difference to people's lives** and that spending time by water can make us all healthier and happier. By bringing communities together to make a difference to their local waterway, we are creating places and spaces that can be used and enjoyed by everyone, every day.

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