



Canal &
River Trust



Itching to get out of the office?

Come along to our taster sessions down by London's canals. We've put together a programme of free events; think 'green-fingered cocktail pro' and you're nearly there. Take part in our free BBQs, dating in Venice, swishing, cocktail classes and much more! So dig out your trainers and leave your heels at home!

What's on?	Date & Time	Location	Nearest Station
Opening BBQ, Jazz Band, Canoes & Litter Pick	Wednesday 29th April 6-8pm	Mile End. Meet on the towpath by Mile End Rd bridge. E1 4PA.	Mile End
Flower Power Cocktails. Cocktail Master class & Flower Planting	Thursday 28th May 6-8pm	Kingsland Road, Hoxton. Meet on the towpath by Kingsland Rd bridge. E2 8AS.	Haggerston
Loved up in Venice Flower Planting	Friday 19th June 6-8pm	Little Venice, Paddington. Meet on the towpath by Westbourne Terrace bridge. W9 2PF.	Warwick Avenue & Paddington
Swishing Clothes Swap, High Tea & Boat Painting	Thursday 23rd July 6-8pm	Near Victoria Park. Meet on the towpath by Old Ford Rd bridge. E2 9PR.	Mile End & Bethnal Green
Paddle boarding & Litter Pick	Thursday 27th August 6-8pm	Meet in Paddington Basin (North Wharf Rd side) by the rolling bridge next to Marks & Spencers PLC. W2 1NW	Paddington & Edgware Road.
Group Canal Jog & Light Security Check	Wednesday 30th September TBC	Bethnal Green, Victoria Park. Lock at Old Ford Rd bridge. E2 9PR.	Cambridge Heath, Bethnal Green & Mile End
Fancy Dress & Halloween Themed Canal Ghost Walk	Saturday 31st October 6-8pm	Little Venice, Paddington. Meet on the towpath by Westbourne Terrace bridge. W9 2PF.	Warwick Avenue & Paddington

To book your place and find out more: www.canalrivertrust.org.uk/love-london-canal

