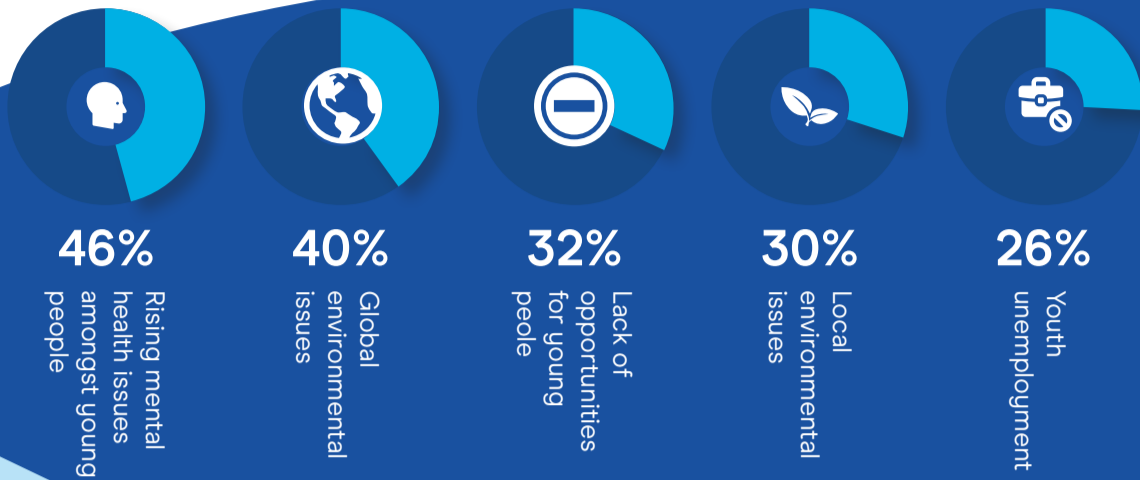


# Youth volunteering: waterways & well-being

What do young people care about most? How can volunteering and engagement with the Trust help? What options can the Trust provide to the youth of today? The results below show what was found from a research study with a representative sample of 2,000 young people aged 16–24 across England and Wales.

## The top five concerns affecting young people



What one thing would you change or wish for with the world or your own well-being today?

21%\*



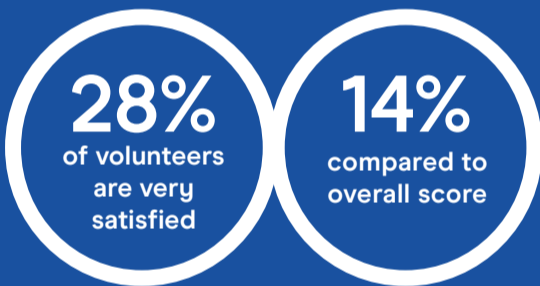
of young people wished for a solution to environmental issues

\*most common answer.

Young people who volunteer feel more connected to their local community and have higher life satisfaction.

Young people who participate in volunteering activities on a regular basis are twice as likely to be very satisfied with their lives:

Young people who have a strong sense of belonging to their neighbourhood are more satisfied with the area in which they live, and this sense of belonging is much greater for those who volunteer in their local area:



62% NET: satisfied with local area as a place to live compared with...

vs.

73% ...for those with a strong sense of belonging to their neighbourhood

51% NET: Strong sense of belonging compared with...

vs.

70% for those who have volunteered in their local area

42% 2.9million young people

Express an interest in volunteering for the Trust.

Most often, young people say they find out about volunteering opportunities through friends and family or online.



### Greater knowledge = greater interest:

48% have heard of The Trust to some degree, although just 3% (210,000 young people) know a lot about it.

75% of those who know a lot (157,000 young people) would be interested in volunteering for it.



## The types of activities young people would be most interested in doing with us:



Apprenticeships/traineeships (paid)



Remote volunteering



Digital/online volunteering



Volunteering with schools/young people



Museums & attractions volunteers



Blended programmes combining arts/sports with social action



Event volunteers



Volunteering through/with my workplace or school



Hands on activities e.g. litter picking



Office based volunteering roles



Micro-volunteering opportunities (bite-sized, 30–60 minutes)



Opportunities to volunteer with your family



Marketing/promotion/campaigning



Youth voice (sitting on boards, advisory groups, steering groups)



Training to become a lead volunteer (unpaid)



● Not interested at all ● 2–3 not that interested ● 4: neutral ● 5-6: interested to some extent ● 7: very interested