

Household challenge

This activity challenges you to think about how you use plastics and look at where you may be able to reduce, reuse and recycle.

To make a difference to the issue of plastic pollution locally and globally, we all need to do our bit and commit to reduce, reuse and recycle more. Go from room to room and carry out a survey of items in your house, making a note of everything that is made of plastic. Think about where you could reduce – reuse – recycle and write or draw three challenges for yourself to avoid creation waste, including plastic pollution. Why not involve your family or housemates and make a shared commitment to reduce your household impact.

Time:

• 30-60 minutes

Resources:

 Somewhere to record your plastics use like a print out of this template, pen and paper, iPad or phone notes

Individual or group activity



Room	ltem	Alternative
Eg Kitchen	Plastic beaker x 6	Glass beakers



Room	ltem	Alternative
Did anything surprise you?	What three th	ings will you do differently?
How are you going to encourag to reducing, reusing and recycl	e other people in your househo	old to share your commitment