

- Start at the car part on Brindley Close. Walk over the bridge and onto the towpath.
- Walk along the towpath until you reach Cookson's Bridge pub.
- 3. Once you get to the pub, walk up to the main road and turn LEFT and through an opening in the gate for pedestrians onto Rimrose Valley Park.
- 4. Follow the main path through Rimrose Valley until you get to a large junction.
- 5. Turn LEFT and follow the path down to the canal.
- 6. When you get onto the towpath, turn LEFT onto the towpath and walk back over the bridge to the car park.